

CROSS-SECTORAL COOPERATION FOR PEOPLE WITH TYPE 2-DIABETES



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PROBLEM

People with chronic diseases experience lack of coherence in collaborations across sectors.

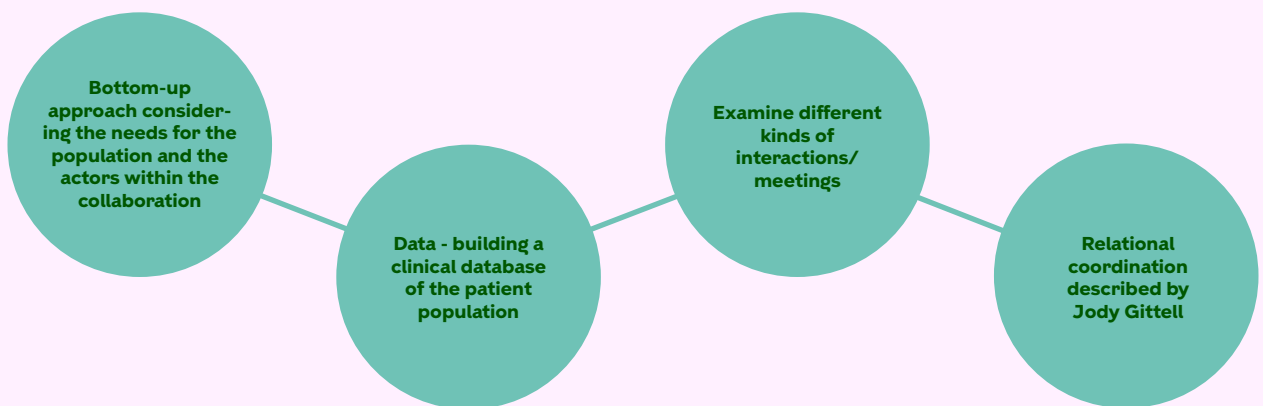
In a co-creation process a cross-sectoral partnership "TVÆRSAM" with totally 43 actors was established in 2018.

- 25 GP's
- The local Hospital
- Center for Diabetes and Heart diseases in Municipality of Copenhagen

The purpose of this paper is to describe the development and examine the impact of cross-sectoral cooperation for people with type 2-diabetes.

APPROACH

TVÆRSAM builds on four basic principles



Development of the collaboration:

PHASE 1

In the initial phase the actors developed a driver diagram describing the common goal for the population, the content, and the interactions within the partnership.

PHASE 2

Based on the results from the driver diagram different kind of interactions were decided and examined. The project activities consisted of different relationship-building activities:

- Weekly cross-sectoral meeting-points with cases
- Knowledge sharing meetings
- A specific direct mobile contact to a well-known endocrinologist

OUTCOMES

Actor analysis shows that some key actors are necessary for the progress:

- Leadership
- Coordinator - talented in facilitation, coordination and processes
- Specialists within diabetes and heartdiseases

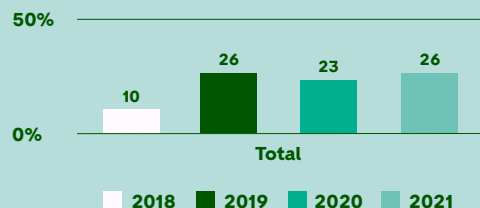
RELATIONS

The relational coordination measure was increased in all five dimensions

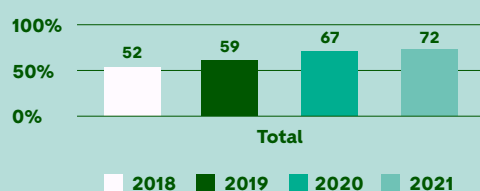
IMPACT ON THE POPULATION

An increase in almost all clinical indicators was seen.

Proportion of persons with diabetes referred from GP to municipal rehabilitation (%)



Yearly control of the eyes (%)



TAKE HOME MESSAGES

Working in a bottom-up approach, building on data, relational coordination, and different interactions in a cross-sectoral partnership:

- Secure common goal for the population
- Secure common knowledge and language
- Secure trust across sectors